

IMPORTANT NOTES

- ⇒ REGISTRATION—all Academy registration will be online through the Halifax Skating Club website. \$45 Skate Canada fee will be applied to all HSC Home Club skaters 2022-2023 season.
- ⇒ Sport NS SportSweep fundraising fee of \$20 per HSC Home club family. All Academy home club members will be invoiced on /or around Oct 1, 2022 for SportSweep Tickets. Additional books of tickets maybe be sold by skaters to offset skating fees. Please email halifaxskatingclub@gmail.com for more information for more information
- ⇒ Refer to the graph on the club website for skating levels. HSC and BSC skaters have priority on all sessions. **We reserve the right to balance sessions when needed.**
SKATE-UP Requests—Must come from the Base coach.
SKATE DOWN - Skaters may skate down one level pending available space after skaters of that level have registered.
- ⇒ ON-ICE / OFF-ICE—Our programs include both on and off ice classes . These classes help the skater succeed in becoming an all round athlete. Please ensure your skater participates in the full experience. Fees for off ice are included in the registration fee . Additional specialty seminars are planned throughout the 2022-2023 season. Some of these may require an additional fee to participate.
- ⇒ OFF-ICE SPACE & DRESSING ROOMS—Off-Ice training spaces and dressing rooms are for skaters only. Parents are not allowed in dressing rooms.
- ⇒ PAYMENT—Pay in full during registration OR—Deposit per session and Monthly payments—Oct 1, Nov 1, Dec 1, Jan 1, Feb 1—. Payment must be arranged online. **\$25 Admin Fee charged for the second or more changes per season.**
- ⇒ PARENT & SKATER CODE OF CONDUCT—Parents & Skaters are expected to adhere to the Skate Canada & Club Codes of Conduct. The codes are posted to the club websites. skaters and/or parents who do not adhere to the Codes of Conduct may face disciplinary action from the club and/or section.
- ⇒ ASSESSMENT DAY — Star 6+ Assessments Days are tentatively scheduled for Wed Dec 21st (BSC) and Friday March 10th (HSC) **pending approval*
- ⇒ Please refer to the club website (Halifaxskatingclub.com) for other club policies including the refund policy.
- ⇒ DROP IN'S : If there are available spaces on a session a skater may 'drop in' permitting they purchase the fee by 12:00pm the day prior on the HSC site. Skaters must confirm with their coach prior to purchasing the space.



StarSkate

Fall / Winter 2022-2023

StarSkate Academy

View our Monthly Academy Calendar on our website



Sept 6, 2022—March 28th, 2023
Centennial Arena & HRM 4 pad Arena



FALL-Winter 2022-2023 WEEKLY Ice Schedule



DAY	DATES / NOTES	CLUB	ARENA	TIME	LEVEL
Monday	Sept 12 - March 20	HSC	HRM 4Pad (BMO)	5:00-5:50	Axel + / GOLD
	Sept 12,19,26 - 4-5pm				Program Run through practice
	NO ICE - Oct 10, 31, Dec 26, Feb 20				** skaters are encouraged to buy both HSC and BSC Gold sessions
Tuesday	Sept 6 -March 28	HSC	Centennial	4:05 - 7:10	High SILVER / GOLD
	NO ICE - Dec 27	HSC	Centennial	6:10-7:10	High SILVER/ GOLD Off Ice
Thursday	Sept 8 - March 23	HSC	Centennial	4:05 - 6:00	OPEN *includes Off Ice 5:35-6:00
	NO CANSKATE Sept 8	HSC	Centennial	5:25 - 5:35	FLOOD
	NO ICE Dec 22,29, Mar 16	HSC	Centennial	5:35 - 6:55	Jr Academy 7-8pm Seminar once per month **
		HSC	Centennial	5:35 - 6:15	TEEN age 10+ BEG + ADVANCED
		HSC	Centennial	6:10 - 6:55	Canskate 1 All levels
Friday	Sept 9-March 24	HSC	HRM 4Pad (BMO)	4:00 - 8:00	GOLD *Includes off ice 6:00-6:45
	NO ICE - Oct 14, Nov 4,Dec 23,30	HSC	HRM 4Pad (BMO)	5:15 - 7:45	BRONZE *Includes off ice 7:00-7:45
	NO ICE - Jan 12, Mar 17	HSC	HRM 4Pad (BMO)	6:00-8:50	SILVER *Includes off ice 6:00-6:45
Sunday	Sept 11-March 26	HSC	Centennial	11:15 - 1:35	SILVER *Includes off ice (11:15-11:45)
	NO ICE - Dec 18, 25, Jan 1	HSC	Centennial	1:20 - 1:30	FLOOD
	NO ICE - Feb 12	HSC	Centennial	1:45-2:30	CanSkate 2 All Levels
		HSC	Centennial	2:30-3:30	Jr Academy Invite only
		HSC	Centennial	2:30-3:00	PreCanSkate 1 Age 3-6
		HSC	Centennial	3:00 - 3:30	PreCanSkate 2 Age 3-6
		HSC	Centennial	3:30-3:40	FLOOD
		HSC	Centennial	3:40-4:25	CanSkate 3 Stage 1+
		HSC	Centennial	3:40 - 4:40	FLOOD
		HSC	Centennial	3:40 - 5:55	BRONZE *Includes off ice 3:40-4:10)

***Ticket Ice available at HRM 4Pad (BMO) for eligible skaters - Talk to your base coach for further information

FALL-Winter 2022-2023 DAILY Ice Schedule



SUNDAY	HSC	CENTENNIAL
OFF ICE JUMP	SILVER	11:15 - 11:45
12:05 - 12:20	SILVER	Skills
12:20 - 1:20	SILVER	Free
1:20 - 1:35	SILVER	Dance
1:35 - 1:45	FLOOD	
1:45 - 2:30	CanSkate Session 2	<i>all levels</i>
2:30-3:00	PreCan Session 1	JR ACADEMY
3:00 - 3:30	PreCan Session 2	JR ACADEMY
3:30 - 3:40	FLOOD	
3:40 - 4:25	CanSkate 3 Session 3	<i>Stage 1+</i>
OFF ICE JUMP	BRONZE	3:35 - 4:05
4:25 - 4:40	BRONZE	Stroking
4:40 - 5:25	BRONZE	Free
5:25 - 5:40	BRONZE	Dance
5:40 - 5:55	BRONZE	Skills

MONDAY	HSC	HRM 4PAD (BMO)
5:00 - 5:50	GOLD / SILVER Axel +	<i>Solo Practice</i>

TUESDAY	HSC	CENTENNIAL
4:05 - 4:20	GOLD (High Silver)	Stroking
4:20 - 5:20	GOLD (High Silver)	Free
5:20 - 5:30	GOLD (High Silver)	Spin
5:30 - 5:45	GOLD (High Silver)	Dance
5:45 - 5:55	GOLD (High Silver)	Skills
OFF ICE	GOLD (High Silver)	6:10 - 7:10

THURSDAY	HSC	CENTENNIAL
4:05 - 5:05	OPEN (BRONZE / SILVER / GOLD)	Free
5:05 - 5:25	OPEN (BRONZE / SILVER / GOLD)	Skills/ Dance
5:25 - 5:35	FLOOD	
OFF ICE JUMP	OPEN (BRONZE / SILVER / GOLD)	5:35-6:00
5:35 - 6:55	JR ACADEMY	
5:35 - 6:15	TEEN	<i>BEGINNER and ADVANCED</i>
6:10 - 6:55	CANSKATE session 1	JR ACADEMY

FRIDAY	HSC	HRM 4 PAD
4:00 - 4:15	GOLD	Skills/ Dance
4:15 - 5:15	GOLD	Free
OFF ICE	GOLD/ SILVER	6:00 - 6:45
5:15 - 5:30	BRONZE	Skills
5:30-6:15	BRONZE	Free
6:15 - 6:30	BRONZE	Dance
6:30-6:50	BRONZE	Group Coach
	FLOOD	
OFF ICE	BRONZE	7:00 - 7:45
7:00 - 7:10	GOLD / SILVER	Spin
7:10 - 8:00	GOLD / SILVER	Free
8:00 - 8:15	SILVER	Dance
8:15 - 8:30	SILVER	Skills
8:30 - 8:50	SILVER	Stroking